

# GET CERTIFICATE: HYGIENE AND CLEANING (NQF 1)

SAQA QUALIFICATION ID: 57937

**SAKHISISIZWE  
PROJECTS**

EMPOWERED  
EDUCATION



[www.sakhisisizwe.co.za](http://www.sakhisisizwe.co.za)

*This programme enables the learner to acquire the skills and knowledge to operate a cleaning services business. Individuals working within this business and seeking to acquire a qualification for their trade and improve their competencies will also benefit from this program.*

*This Programme also includes working from heights ,safety, rescues from fall arrests and protection,compliance to safety and health enviroments and rope access tasks and rescues*

## **Programme Outcomes**

- ⇒ Recognise the importance of a healthy lifestyle by accepting own responsibility for life skills and wellness including HIV/AIDS.
- ⇒ Demonstrate understanding of the application of cleaning principles according to international/world class standards and best practice.
- ⇒ Clean generalised areas using cleaning principles according to international/world class standards and best practice.
- ⇒ Clean ablution areas using cleaning principles according to international/world class standards and best practice.
- ⇒ Clean floors using cleaning principles according to international/world class standards and best practice.



Building through empowered education

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The Hygiene & Cleaning Certificate consists of 34 unit standards worth 120 credits:

## UNIT STANDARDS:

FUNDAMENTALS			
UNIT CODE	UNIT STANDARD TITLE	LEVEL	CREDITS
<a href="#">7464</a>	Analyse cultural products and processes as representations of shape, space and time	NQF 1	2
<a href="#">7451</a>	Collect, analyse, use and communicate numerical data	NQF 1	2
<a href="#">7449</a>	Critically analyse how mathematics is used in social, political and economic relations	NQF 1	2
<a href="#">14084</a>	Demonstrate an understanding of and use the numbering system	NQF 1	1
<a href="#">7463</a>	Describe and represent objects and the environment in terms of shape, space, time and motion	NQF 1	2
<a href="#">119635</a>	Engage in a range of speaking/signing and listening interactions for a variety of purposes	NQF 1	6
<a href="#">119631</a>	Explore and use a variety of strategies to learn	NQF 1	5
<a href="#">119640</a>	Read/view and respond to a range of text types	NQF 1	6
<a href="#">7461</a>	Use maps to access and communicate information concerning routes, location and direction	NQF 1	1
<a href="#">7447</a>	Working with numbers in various contexts	NQF 1	6
<a href="#">119636</a>	Write/Sign for a variety of different purposes	NQF 1	6
CORE			
UNIT CODE	UNIT STANDARD TITLE	LEVEL	CREDITS
<a href="#">243199</a>	Clean above the floor surfaces	NQF 1	4



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<a href="#">243206</a>	Clean toilets and bathrooms	NQF 1	6
<a href="#">243189</a>	Manage personal finances	NQF 1	8
<a href="#">243193</a>	Practice good health and grooming habits	NQF 1	4
<a href="#">243195</a>	Provide good customer service in a cleaning services environment	NQF 1	4
<a href="#">243197</a>	Remove spots and spillages from carpets and upholstery	NQF 1	5
<a href="#">243194</a>	Sweep floors	NQF 1	4
<a href="#">243204</a>	Understand basic cleaning principles	NQF 1	15
<a href="#">243203</a>	Use chemicals in the cleaning services environment	NQF 1	8
<a href="#">243201</a>	Vacuum dry surfaces	NQF 1	4
<a href="#">243198</a>	Wet mop floors	NQF 1	4
<a href="#">114936</a>	Participate effectively in a team or group	NQF 2	2

### ELECTIVES

UNIT CODE	UNIT STANDARD TITLE	LEVEL	CREDITS
<a href="#">243202</a>	Clean floors using a single disc machine	NQF 4	8
<a href="#">243205</a>	Clean kitchens	NQF 4	6
<a href="#">243207</a>	Clean windows	NQF 1	4
<a href="#">14659</a>	Demonstrate an understanding of factors that contribute towards healthy living	NQF 1	4
<a href="#">14656</a>	Demonstrate an understanding of sexuality and sexually transmitted infections including HIV/AIDS	NQF 1	5
<a href="#">229998</a>	Explain and perform fall arrest techniques when working at height	NQF 1	2
<a href="#">243191</a>	Portray a professional image within a cleaning team	NQF 1	4
<a href="#">9909</a>	Identify and process waste	NQF 2	4
<a href="#">229995</a>	Install, use and perform basic rescues from fall arrest systems and implement the fall protection plan	NQF 2	3
<a href="#">115091</a>	Monitor compliance to safety, health and environmental requirements in a workplace	NQF 2	2
<a href="#">230000</a>	Perform a limited range of rope access tasks and rescues	NQF 2	6

