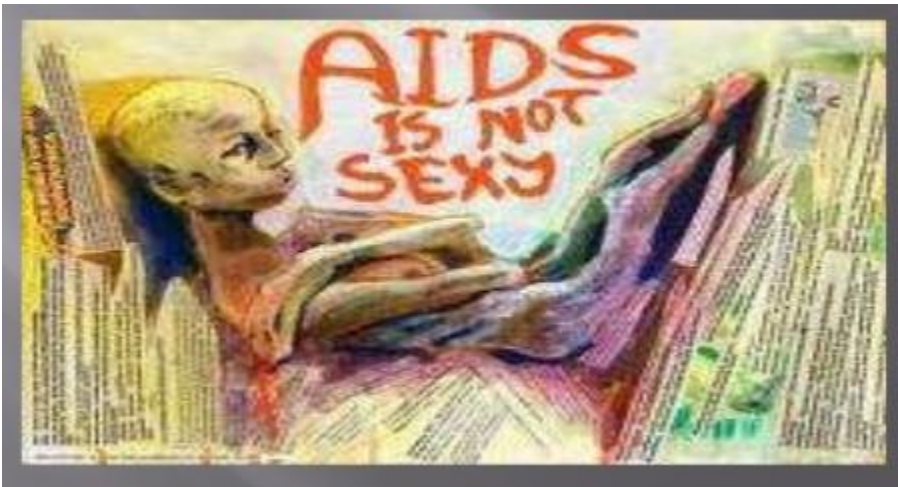




HIV / AIDS Awareness

Demonstrate knowledge and understanding and effects of HIV/AIDS in the workplace.

NQF 3 unit 13915



2Hours

SECTION ONE: UNDERSTAND HIV/AIDS

What is HIV/AIDS?

Stages of HIV Infection

Opportunistic Infections

What Are The Early Symptoms Of HIV Infection?

Complications

How Is HIV Infection Diagnosed?

Why should I know my HIV-status?

Counselling

Testing

SECTION2: HOW IS HIV/AIDS TRANSMITTED

How is HIV transmitted?



Mother-to-Child Transmission
Sexually transmitted diseases (STD'S)
What body fluids transmit HIV?
Ways in which HIV is not transmitted
Drug and alcohol abuse
Importance of lifestyle changes to boost immune system when living with AIDS
How to Strengthen the Immune System

SECTION 3: SAFE AND UNSAFE BEHAVIOUR

How Can HIV Infection Be Prevented?
Safe Sex
What Treatment Is available?
Do Antiviral Drugs Cure AIDS?
Does HIV cause AIDS?
No AIDS Symptoms After 10 Years?
Theoretical Risk, Known Risk, Low Risk And High Risk
Important facts about HIV infection, AIDS and the workplace
Fears and common misunderstandings about HIV/AIDS
Perceived To Be High Risk Jobs
Sexually transmitted disease (STD)

SECTION 4: SUPPORT WORKERS WITH HIV/AIDS

Workplace Policies and Guidelines
Management of Employees Who Have HIV Or AIDS
Developing A Workplace Programme
HIV And Rights
Caring For People With HIV And AIDS
First Aid And HIV/AIDS
Barriers To Transmission
Universal Precautions
Prevent HIV/AIDS
Wellness programmes

